

## K.I.C.K.S.

## Kids In Christian Karate School *Giving kids a fighting chance...*

## Purple Belt Kicking and Punching Combinations

Step In Spinning Hook Kick – Back Leg Roundhouse – Reverse Punch – Turn and Repeat

Step In Hook Kick – Back Leg Front Kick – Spinning Hook Kick – Reverse Punch – Turn and Repeat

Step In Reverse Punch – Spinning Hook Kick – Reverse Punch – Turn and Repeat.

Step In Back Leg Roundhouse – Spinning Inside Crescent Kick - Spinning Hook Kick – Back Ridge Hand – Turn and Repeat

## **Matthew 18:2-6**

2 And Jesus called a little child unto him, and set him in the midst of them, 3 And said, Verily I say unto you, Except ye be converted, and become as little children, ye shall not enter into the kingdom of heaven. 4 Whosoever therefore shall humble himself as this little child, the same is greatest in the kingdom of heaven. 5 And whoso shall receive one such little child in my name receiveth me.6 But whoso shall offend one of these little ones which believe in me, it were better for him that a millstone were hanged about his neck, and that he were drowned in the depth of the sea.